

# Self-Care Devices: Use Right, Report any Adverse Event

**Don't Ignore the  
Signs—Act for Safe  
Devices!**



## INSULIN PEN

Used for diabetes management through self-injection.

**Report if:** No insulin is delivered, leakage occurs, or the pen malfunctions.



## INHALER (MDIs/DPIs)

Deliver medication directly to the lungs for asthma/COPD.

**Report if:** The device jams, no dose is released, or the canister breaks.



## THERMOMETER

Help monitor body temp. at home.

**Report if:** The readings are fluctuating or clearly inaccurate.



## PREGNANCY TEST KIT

Urine-based kits used to detect pregnancy.

**Report if:** The result is faint, false, or not displayed despite proper use.



## GLUCOMETER

Used to check blood sugar levels.

**Report if:** Results vary drastically or errors appear frequently.



## BLOOD PRESSURE MONITOR

Track blood pressure at home.

**Report if:** The cuff fails to inflate or shows unusual/inaccurate results.



## DENTAL DEVICES

Support oral health.

**Report if:** They cause injury, break inside the mouth, or feel unsafe.



## CONTACT LENSES

Used for vision correction and eye care.

**Report if:** They cause eye irritation, blurred vision, or allergic reactions.



## HEARING AID

Assist hearing-impaired individuals.

**Report if:** There's sound distortion, whistling, or the device stops working suddenly.

## HOW TO REPORT?



MDAE Monitoring Centres  
List available on: [www.ipc.gov.in](http://www.ipc.gov.in)



Adverse Drug Reactions  
Monitoring System (ADRMS)  
link - <https://adrmsipc.in/adrms/index.html>



HELPLINE: 1800 180 3024  
Available from Mon to Fri  
(9:00am to 5:30 pm)



ADR PVPI 2.0 Mobile Application  
Available on:- Google Play Store



MDAE Reporting Form  
Available on: [www.ipc.gov.in](http://www.ipc.gov.in)



IVD Adverse Event Reporting Form  
Available on: [www.ipc.gov.in](http://www.ipc.gov.in)

**Your Feedback Protects Others.  
Be a Responsible Citizen- Report to MvPI**



## INDIAN PHARMACOPOEIA COMMISSION

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**"One Report Today, Safer Devices Tomorrow!"**